

CERTIFICATE OF PARTICIPATION

This is to certify that

Isaac Phoku

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 04:04:39

PACE 05:48/km

GENDER 122 of 351

OVERALL 138 of 440

SENIOR (20-39) 64 of 133



16 February 2019, Sat

Date

BoutTime

Signature

